



Active Ashburton

Enabling stronger, connected clubs and communities

In partnership with



Issue 22 June 2016

Welcome!

Welcome message

The beginning of winter means the winter sporting season is well underway. Junior sport programs are ideal for kids to learn the values of team spirit and mateship. Senior sports and interest groups provide a great social network and encourage active lifestyles. Getting involved is the ultimate way to combat the cooler months. You don't need to be a player; clubs need volunteers with all levels of skill and ability. It could be as an official, coach, scorer, time-keeper, mentor, fundraiser, or even helping to organise events. Volunteering is a great way to meet new people and even learn some new skills.

If you are not sure where to start - contact one of the Club Development Team at the Shire of Ashburton. The success of Australian sport has been built on the development of clubs at a local grassroots level - there has never been a better time to get involved and help build an active, vibrant and healthy community.

We hope you enjoy reading the newsletter - please feel free to send us any feedback, or ask to be added to our mailing list.

active.ashburton@ashburton.wa.gov.au

Coming Events Friday 24 June Pannawonica 4 - 5 June Saturday 25 June DCA Women's Softball Championships, Peter Sutherland Oval, Paraburdoo Monday 6 June Thursday 30 June WA Day Public Holiday Pannawonica Saturday 11 June Women's Health and Wellness Expo, 9.00am to 1.00pm, Tom Price Community Centre, Tom Price Friday 1 July Drive In, 6.00pm, Paraburdoo Drive In, Paraburdoo 13 -17 June Men's Health Week Paraburdoo 3 - 10 July Tuesday 14 June NAIDOC Week Story In The Park, 10.00am to 12.00pm, Pannawonica Library, Pannawonica 4 - 15 July Thursday 16 June Story In The Park, 10.00am to 12.00pm, Paraburdoo Library, Paraburdoo Friday 17 June Story In The Park, 10.00am to 12.00pm, Tom Price Library, Tom Price Friday 17 June Networking Morning Tea hosted by the Anglican Church, 11.00am, venue TBA, Paraburdoo

Wednesday 22 June

Trash Test Dummies, 7.00pm, Ashburton Hall, Paraburdoo

Panna Open, Panna Heights Golf Club,

- Paraburdoo Family Fete, 2.00pm to 6.00pm, Paraburdoo Primary School, Paraburdoo
- NAIDOC Pannawonica, 8.45am, The Rocks,
- Tidy Towns Sustainable Communities Awards Tom Price judges visit, 2.30pm to 4.00pm, Tom Price

Tidy Towns Sustainable Communities Awards Paraburdoo judges visit 9.30am to 11.00am,

School Holiday Program, all towns

The Shire of Ashburton organises workshops designed to assist your club or group to progress and develop sustainable practises. Individuals, clubs, and community organisations are encouraged to attend. Information on future workshops will be posted on the Shire of Ashburton website, community notice boards and via the Active Ashburton email list.

If you would like to be added to our mailing list, please email your request to Active.Ashburton@ashburton.wa.gov.au

tom Price and Paraburdoo Tidy Towns

Congratulations to Tom Price and Paraburdoo, both announced as state category finalists in the Keep Australia Beautiful Sustainable Communities Program.

Tom Price are finalists in the Heritage and Culture category and Paraburdoo for the Young Legends Category.

Judges will be visiting the towns to assess the entries on 30 June and 1 July in Tom Price and Paraburdoo respectively. The State Awards will be held on 23 September in Perth.



Tidy Towns committee members L - R Jennifer Withers, Linton Rumble and Chris Penfolds.

Women's Health and Wellness Expo

Nintirri Community Centre is excited to be hosting an empowering morning to focus on one of the most important things in your life... YOU. Guest speakers will deliver sessions on guiding and life coaching, nutrition, massage techniques and many more insightful demonstrations and exhibits. The expo will be held on

Saturday 11 June at the Tom Price Community Hall between 9.00am and 1.00pm. Entry fee is \$20 including light refreshments and morning tea. Bookings are essential for the Kids Activity Zone child care service. Please call Nintirri Community Centre today as places are limited. Ph. 9188 0500 or email healthandwellness@nintirri.org.au.



Mother's Day Classic

The Pannawonica community held their inaugural Mother's Day Classic Fun Run on Sunday 8 May. Over 112 registrations of families and community members participated in either a 4km or 8km run / walk. Everyone enjoyed the proceeding community markets including breakfast and coffee service, massage and pamper tent, a super raffle, giant slide and gladiator bouncing castle.

Tom Price and Paraburdoo held their own events to raise money for the Cancer Council Breast Cancer Research. Registration numbers were high and smiles aplenty as both towns embraced an active start to Mother's Day.



Paraburdoo participants

Pannawonica Volunteer Night

On Friday 13 May the Shire of Ashburton hosted a celebratory evening in appreciation of local volunteers. 90 community members socialised over nibbles, wood fired pizzas and the Volunteer Fire and Rescue Services' famous dessert pizzas. The food was cooked by Rio Tinto management staff in thanks to the volunteers. Over the course of the night various people expressed their reasons for why they volunteer. Many fun facts and figures about the impact of volunteers were discovered during the quiz competition. It was a fantastic night and an important opportunity to extend a huge thank you to all volunteers.



Pannawonica Sports Club volunteers.

Pots of Gold

Grants, sponsorships and fundraisers

The Active Ashburton Team are available to help your club or group identify and access the pots of gold that are available to help you grow. Funding sources includes grants, sponsorships and fundraisers. The Shire of Ashburton also has a range of community sponsorships and grants available to clubs or groups in our area.

If you have a specific project in mind, talk to us about how you can fund it. Some grants now on offer:

Inger Rice Foundation Grants -For Children and Family

Funding Body: Inger Rice Foundation

Opens: Ongoing

Closes: N/A

Amount: up to \$5,000

Who can apply? Not for profit organisations

Purpose of grant: To promote children's health, welfare and development. The foundation may offer financial assistance for:

- Early intervention programs
- Family support programs
- Resources

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Training required for implementation of programs

Projects/programs are only for parent/child relationships for children aged between 0 to 5 years old. Preference is given to those from disadvantaged communities.

Application: via mail to the following address Hon. Secretary Inger Rice Foundation PO Box 307Civic Square CANBERRA ACT 2608

Website: http://www.rrr.wa.gov.au/grantsawards/ Pages/Inger-Rice-Foundation-Grants.aspx



Furniture and Equipment Grant

Funding Body: Lotterywest

Opens: Ongoing

Closes: N/A

Amount: no limit

Who can apply? Not for profit organisations and local government authorities

Purpose of grant: To support the purchase of furniture and equipment that meet your organisation's needs. Grants can be for office items, telephone and filing systems, resource materials, whitegoods, toys, musical instruments, vehicles and workshop tools.

Applications: Online. http://www.lotterywest. wa.gov.au/grants/grant-types/furniture-andequipment

Country Sport Enrichment Scheme

Funding Body: Department of Sport and Recreation

Opens: Ongoing

Closes: 4 weeks prior to event

Amount: Up to \$25,000

Who can apply?

- State sporting associations
- National sport league clubs
- A coordinating body that is a non-profit incorporated association
- Major sport clubs as approved by the Minister for Sport and Recreation
- Local government

Purpose of grant: To help country Western Australia experience and conduct major sporting events and sport development initiatives. The scheme also has provision for international, national and state sporting personnel to visit regional Western Australia to promote sport development.

Applications: Contact the local DSR office in Karratha Ph. 9182 2100 to discuss the proposed application.

Website: http://www.dsr.wa.gov.au/funding/ regional/country-sport-enrichment-scheme

Guidelines: http://www.dsr.wa.gov.au/funding/ regional/country-sport-enrichment-scheme/ country-sport-enrichment-scheme-guidelines

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Volunteer of the month award

Nathan Grylls: Paraburdoo Motorcycle Club

Nathan Grylls has been a major contributor to the success of the Paraburdoo Motorcycle Club. Dedicating many hours to maintain the motocross track for Northwest, enduro and local rounds, writing grant applications, organising quotes, securing sponsors, co-ordinating emergency services, mowing club lawns and flagging on race day are just some of the duties Nathan volunteers his time to. Nathan recently designed a new club logo and member shirts. He is always encouraging and supporting club members and looking for opportunities to co-operate with other local non for profit organisations.

Nathan is a busy family man with two sons who also ride motorbikes, and a young daughter to keep him on his toes. The club appreciates and recognises that he takes on many different roles, including Vice President.

He is passionate about motocross and works tirelessly to inspire the foundations of a collaborative club.



Name: Nathan Grylls

Nickname: Gryllsy

Occupation: Production Operator

Years in Paraburdoo: 8

What is your favourite thing about your town: It's a great place for kids to grow up, the scenery and the weather is beautiful this time of year.

How would you describe your personality? Driven, focused and loyal.

What hobbies and activities do you like? Enduro, motorcross and working on my cars and bikes in the shed.



Who or what inspires you? 2016 Dakar winner Toby Price. Seeing kids succeed through hard work and dedication.

What volunteer work do you currently do? I volunteer my time at the Paraburdoo Motocross Club, helping behind the scenes, track work and race days. The biggest achievement has been applying for a successful \$20,000 Royalty for Regions Grant and building the new pit shed. That took a lot of work over 12 months with just a few people. It's very rewarding to see it complete.

I volunteer because... I like getting things done and making sure there are things for people to participate in. I feel this is important in a small community.

What do you think stops people form volunteering?

I was brought up in a small community where if you wanted something to do you had to make it happen, whether it was footy, motorsport or special events. It requires volunteers. Some people think they aren't needed, but many hands make light work and every little bit is very much appreciated.

How can we encourage more people to volunteer?

Every club needs volunteers even if it appears they are going great, you can help in some way. If you want to give your time, ask. You will find it very rewarding to know you are making a difference and benefiting your community.

Do you have someone in your club who deserves a Triple A rating? Request a Volunteer of the Month nomination form by emailing: Active.Ashburton@ashburton.wa.gov.au



L - R Danny McRae, Daniel Semms, Nathan Grylls, Chris Woods.



Club Profile

Paraburdoo Tee-Ball Association

About the club: Tee-ball is the longest running junior sport in Paraburdoo, having started in the early 1980's. Current competition consists of Aussie Tee-ball 3 - 5 year olds, Junior 5 - 7 year olds and an Intermediate 8 - 11 year olds. The association are also planning to enter a Junior and Intermediate team for the North West Championships which will be held in Tom Price in September this year.

Training: Training and games are held at the Peter Sutherland Oval.

Aussies: 30 minutes of skill building prior to 30 minute game on Saturday mornings

Juniors: Tuesday or Wednesday 3.00pm - 4.00pm

Intermediates: Wednesday 4.00pm - 5.00pm

Competition: Runs from end April to

end August on Saturday mornings. Aussies: 8.30am Juniors: 9.45am Intermediates: 11.00am



Membership Fees: \$70 includes shirt and hat for juniors and intermediates.

Aussie Tee-ball players receive an AUSSIE TBALL 'pack' including glove, ball, drink bottle, pencil case, pencils and velcro catch pads and ball.

Information for new members: Tee-ball is the junior version of diamond sports i.e. softball and baseball.

It is based on four values:

FUN, FAIR PLAY, FUNDAMENTALS and FAMILY INVOLVEMENT

Contact Information:

President: Tracey Breen Email: paraburdoooteeball@gmail.com Facebook: Paraburdoo Tee-Ball Association



Kidsport

KidSport enables Western Australian children to participate in community sport and recreation by providing financial assistance to eligible youth aged 5 to 18 years. Applicants who have a Health Care Card or Pension Concession Card, or are referred by a recognised agent, can apply for a voucher to cover the cost of fees to join a KidSport registered club in their local government area. A maximum of \$200 is available per child per calendar year.

KidSport registered clubs

- Tom Price BMX Club
- Tom Price Amateur Basketball Association
- Tom Price Netball Association
- Tom Price Amateur Swimming Club
- Fortescue Cricket Association
- Scorchers Cricket Club
- Stealers Softball Club Tom Price
- Tom Price Junior Soccer Association
- Fortescue Junior Football League
- Rebels Cricket Club Tom Price
- Tom Price Tee-Ball Association
- Tom Price Tennis Club
- Tom Price Gymnastics
- Paraburdoo Saints Cricket Club
- Paraburdoo Amateur Swimming Club
- Paraburdoo Netball Association
- Paraburdoo Saints Football Club
- Paraburdoo Tee-Ball Association
- Paraburdoo Junior Soccer Club
- Pannawonica Swimming Club

KidSport Referral agents - Tom Price

- Trish Calder Disability Services Commission
- Katherine Joyce Tom Price Youth Centre
- Shirlene Gotz Mission Australia
- David Ellam Tom Price Senior High School

KidSport Referral agents - Paraburdoo

- Steven Wiseman Principal, Paraburdoo Primary School
- Craig Richards Physical Education and Science Teacher, Paraburdoo Primary School

If you wish to register your child for the KidSport program please contact your club or your local Club Development Officer.



Club News

Tom Price BMX Club

Congratulations to all the East Pilbara BMX riders who competed in the 1st round of North West BMX Series in Tom Price on 21 and 22 May. There were a few crashes on the track, but this didn't stop the courageous riders from completing the rest of their races. The East Pilbara BMX Club is proud of all the riders and are humbled at the talent the kids have bought to the club in such a small amount of time. The 2nd round will be held in Port Hedland on 25 June. For more information contact tomprice_bmx@yahoo.com.au.



Fortescue Junior Football League Tom Price

The WA Football Commission have organised a match for the pee wee auskick players on Friday 19 August at the Eagles vs Hawks game in Perth. If you are interested in registering your child please contact the club immediately. Places are limited. Ph: 0409 524 763 or email: fjfleague@outlook.com. Facebook: Fortescue Junior Football League - Tom Price

Tom Price Netball Association

TPNA are currently seeking a volunteer photographer to take photos of the NetSetGo juniors and senior netball players. No professional experience necessary. This could also lead to an opportunity to write small articles for the Active Ashburton news on behalf of the club. Games are played on Monday afternoon and evenings. Please email tompricenetball@hotmail.com for more information.

Paraburdoo Soccer Club

MiniRoos Soccer Program begins on Friday 3 June, 3.30pm - 4.30pm at the Judy Woodvine Oval. The 10 week program for 4 -12 year olds cost \$60 and includes a bag, ball and water bottle. Please contact Kerry 0473 534 983 or Reece 0418 808 843 to register.

SENIORS 16+ years old: Expressions of interest are being sought for a 6-side social mixed competition.

Please contact Fouad 0409 371 118 or Kyle 0459 039 080 for more information or head to the undercover nets, DeGrey Road, on Wednesday evenings from 6.30pm.



Paraburdoo Women's Softball Association

PWSA is privileged to be hosting the DCA Women's Softball Championships on 4 and 5 June. This regional competition has been running for 40 years between the original Hamersley Iron towns of Karratha, Dampier, Wickham, Tom Price and Paraburdoo. The club encourages residents to head to the oval to watch this exciting event being played over two days. Anyone who would like to join the team or lend a hand, please contact club president Petrina Injie on 0467 658 890 or pwsa@live.com.au.

The club is also seeking players for the 2016 softball season. No experience necessary, just be enthusiastic to meet new people and have fun.

Paraburdoo Motorcycle Club

An energetic Northwest competition was held on 30 and 31 April at the Paraburdoo motocross track. Riders travelled from all over the Pilbara to compete. The club appreciates all the support from club volunteers and community members that helped make it a successful, safe and enjoyable event. For club information email paraburdoomotorcycleclub@yahoo.com.au.



Club News

Pannawonica Junior Sport

Strong participation in both soccer and tee-ball was seen this term supported by enthusiastic volunteer coaches. Experienced coaches Javier Lopez (soccer) and Mark Symes (tee-ball) lead the way with their respective sports. Planning has already commenced for the Pannawonica Junior Sports Auskick season. Facebook: Pannawonica Junior Sports.



Pannawonica Swimming Club

The club celebrated a successful year of swimming development. The coaches were acknowledged and congratulations was expressed to the new coaches who obtained their qualifications this year. The Most Improved Swimmer Awards were presented to Kayden Percival and Isabella Duff for their achievements. A 2016 Swimming Excellence Squad was announced based on a points system

Pannawonica Youth Club

The Pride of Pannawonica Youth Program kicked off with the first session of the Lil Medics program on 12 May with over 45 kids involved. The program has attracted great interest from local youth eager to learn practical life skills in first aid including bandaging, basic CPR, snake bite education and understanding of mental health issues. At the end of the program a final emergency challenge will be organised by the Volunteer Fire and Rescue Service to bring together everything the kids have learned over the four weeks.



developed this year. Points are earned by swimmers based on: attendance at training and meets, skills sessions, workshops, Encouragement Awards and on personal best times. All swimmers who achieved 75 points or above were named in the Swimming Excellence Squad and invited to attend a special breakfast and movie session to celebrate. Well done to all the swimmers!

Contact us

active.ashburton@ashburton.wa.gov.au

Acting Manager Club & Capacity Development

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Youth Recreation Officer

Pannawonica:

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Club Development Officers

Paraburdoo:

Belinda Mortlock 9190 2230 Belinda.Mortlock@ashburton.wa.gov.au Active.Ashburton@ashburton.wa.gov.au

Tom Price:

Community Capacity Building Coordinator Jennifer Withers 91902

9190 2225 Jennifer.Withers@ashburton.wa.gov.au