

# Active Ashburton

Enabling stronger, connected clubs and communities

In partnership with



Issue 10 May 2015

Welcome!

## Welcome message

Welcome to our May newsletter. This month, we celebrate National Volunteer Week. Volunteers contribute \$200 billion to the Australian economy annually. Of the 600,000 not for profit organisations in Australia, only 60,000 have paid staff - making volunteers vital for groups to operate.

Here in the Shire of Ashburton, we have over one hundred volunteer organisations working tirelessly to make our communities a better place to live and work. The Active Ashburton team recognises the critical roles that volunteers play in our communities. National Volunteer Week provides a great opportunity for the team to say thank you, and let volunteers know their efforts and commitment are appreciated; and it's also a good time to encourage more people to get involved.

## Coming Events

#### 2 May

 Nameless Festival Committee Quiz Night, Tom Price.
 Fortescue Junior Football League 2015 Registration Day, Tom Price.

#### 2-5 May

The Karijini Experience 2015.

#### 3-4 May

Northwest Netball Region visit, Paraburdoo.

### 5 May

Skill Share workshop -Butter Cream Piping, Pannawonica.

#### 8 May

Yoga (Karingal) Paraburdoo.

### May

 Gym and Tonic (Country Arts WA & Karingal Neighbourhood Centre), Paraburdoo.
 Tom Price Drive-in: Cinderella and Fast & Furious 7.

#### 10 May

Mother's Day Classic, Tom Price.

#### 11 May

Volunteer Training - Committee: Roles, Responsibilities and Obligations, Paraburdoo.

#### 12 May

Volunteer Training - Achieving clubs goals through Strategic Planning, Tom Price.

#### 13 May

Volunteer Training - Committee: Roles, Responsibilities and Obligations, Tom Price.

"The difference I make to the community" and "The sense of purpose it gives me" were the two most frequently mentioned things volunteers valued most about their volunteering experience in the National Survey of Volunteering Issues (Volunteering Australia, 2011). Research shows that volunteering makes people happier. Whether it's for one hour, or for an ongoing commitment, we encourage everyone to volunteer and start reaping the benefits!

We hope you enjoy reading the newsletter - please feel free to send us any feedback, or ask to be added to our mailing list. **active.ashburton@ashburton.wa.gov.au** 

#### 14 May

Volunteer Training - Achieving clubs goals through Strategic Planning, Paraburdoo.

#### 15 May

Volunteer Training - Strategies for Success, Pannawonica. Rio Tinto Picnic Day, Paraburdoo.

#### 16 May

Rio Tinto Picnic Day, Tom Price.

#### 19 May

Skill Share workshop - Crochet, Pannawonica.

#### 20 May

Beyond Blue High Tea, Pannawonica.
Welcome Event, Pannawonica.
Rural in Reach Workshop - Shimmy and Shake it
Nintirri Centre.

#### 23 May

 Muzzy's Community Fundraiser, Tom Price.
 Tom Price Drive-In Ladies Night: The Age of Adaline and 50 Shades of Grey.

#### 26 May

Grant Writing Workshop - Paraburdoo

#### 28 May

Fund Ready Workshop - Organisational Profile, Pannawonica.

30 May

Tom Price Community Markets (9am to 1pm).

The Shire of Ashburton organises workshops designed to assist your club or group to progress and develop sustainable practises. Individuals, clubs, groups and community organisations are encouraged to attend. Information on future workshops will be posted on the Shire of Ashburton website, community notice boards and via the Active Ashburton email list.

If you would like to be added to our mailing list, please email your request to active.ashburton@ashburton.wa.gov.au

## News



## National Youth Week round up

National Youth Week is the largest celebration of young people in Australia and has increased in size each year since starting in 2000. Held from 10 - 19 April this year, thousands of young people aged 12 - 25 took part across Australia. The theme for 2015 was "It starts with us" and was celebrated in the Shire of Ashburton with a number of activities.

#### Lions Park Mural (Tom Price)





Ochre Painting Workshop (Paraburdoo)





#### Youth Carnival (Tom Price)





#### Street Art Mural Project (Tom Price)







## National Volunteer Week

National Volunteer Week will take place in 2015 from 11 to 17 May to celebrate the vital work of more than 6 million Australian volunteers. The theme for 2015 is Give Happy, Live Happy which highlights that just a few hours in volunteer work can make a difference in happiness and mood, while sustained volunteering is associated with better mental health.

To encourage more volunteers, and better skilled volunteers, a number of free training workshops will be running throughout National Volunteer week. Whether you are a current volunteer, or thinking about becoming a volunteer, these workshops will provide you with the skills and information to do your job effectively.

- 1 Being on a Committee: Roles, Responsibilities and Obligations
- Monday 11 May. 6 8pm, Paraburdoo.
- Wednesday 13 May. 10am 12 noon, Tom Price.
- 2 Achieving Club goals through Strategic Planning
- Tuesday 12 May. 6.30 8.30pm, Tom Price.
- Thursday 14 May. 10am 12 noon, Paraburdoo.
- 3 Strategies for Success building an effective club or community group
- Friday 15 May. 9am to 1pm, Pannawonica.

All workshops are free to attend and participants will receive a free gift to celebrate National Volunteer Week. Email Active.Ashburton@ashburton.wa.gov.au to book your place.



## ATSS

The Athlete Travel Subsidy Scheme (ATSS) provides a funding subsidy to assist talented Western Australian athletes with out of pocket travel and accommodation costs to compete at regional, state, national and international championships or events.

Applications for Round 3 of the 2014/15 Athletes Travel Subsidy Scheme will be available online (http://www.dsr.wa.gov.au/funding/individuals/ athlete-travel-subsidy-scheme) from Monday 14 April 2015 to Friday 15 May 2015 for events with start dates from 15 January 2015 to 15 August 2015.

If you have any questions or enquiries in regards to the scheme please contact the Department of Sport and Recreation Pilbara office (telephone) or the travel subsidy team via email travelsubsidy@dsr.wa.gov.au

### beyondblue Road Tour

Most Australians have had some experience with anxiety, depression or a related condition, whether they've experienced it themselves or had family, friends or work colleagues go through it.

beyondblue's work is aimed at achieving an Australian community that understands depression and anxiety, empowering all Australians, at any life-stage, to seek help.

A Pilbara road tour will take place in May with beyondblue visiting the Paraburdoo and Tom Price Rio Tinto Picnic Days on 15 - 16 May, and the Pannawonica Welcome Event on 20 May. These events will provide the opportunity for the community to meet with the beyondblue team in an informal setting



## News

## Safe Clubs 4 Kids

Josh Drummond from Surf Lifesaving WA presented an informative workshop to sporting clubs and community groups in Tom Price and Paraburdoo. He discussed the legal obligations and duty of care surrounding working with children and Working with Children legislation.

The session covered the different ways to make clubs safer for children:

- Different forms of child abuse and how to report it
- Criminal record checks
- How to determine if a person requires a Working With Children Check and who is exempt
- Compliance
- What to do when a person with a WWC card starts child-related work with your organisation
- Record keeping
- Cyber safety including club Facebook pages
- Good practice for Sport
- Photographing children

All Club Presidents have an obligation to know and understand the legislation regarding Working with Children; if you are unsure, please contact the Club

#### Safe Clubs 4 Kids

The Safe Clubs 4 Kids initiative supports the sport and recreation industry to create and maintain safe environments for children and young people.

Children should be able to grow and develop in a safe environment and be protected from the risk of harm. Most people who volunteer or work with children as the and do so to help onlidren develop to their hall potential. They meles a positive contribution to the community and should be recognised and valued for their work.

Unfortunately, not all children are safe. Research suggests that child abuse occurs across all sectors of the community, including the area of sport and recreation. However by taking a lew simple steps, you will be able to take a proactive approach in protecting children and young people in your club.

## What steps can your club take to create a child safe environment?

#### Ensure you recruit the right staff/ volunteers

Ensure you recruit appropriate people to work with children in your club:

- · Conduct interviews with new staff and volunteers.
- Obtain references from previous employers/sporting clubs.
- · Check relevant credentials.
- Ensure that all staff and volunteers, who are required to apply for a Working with Children Chack, do so, and those who are exempt, consider a National Police Check for Volunteers or National Police Certificate (see www.checkiwwe.wa.gov.au, www.communities.wa.gov.au and www.police.wa.gov.au)
- For staff or volunteers who have recently arrived from overseas, check their oredentials with the relevant overseas sporting body and request a police check from the country in which they have previously lived.

#### Know the policy

It's important to have paleies and procedures in place to demonstrate your commitment towards child safety and identify the steps your club will take to implement these. Your policies and procedures should also highlight what to do if any issues arise. You are encouraged to read your State Sporting Association's Child Protection Policy and/or Member Protection Policy so that you understand what is considered to be appropriate and inappropriate bahaviour.

It's important to adopt, communicate and promote policies and procedures within your club. This can be done via your website, newsietter and posters as well as discussing policies at meetings.

#### Follow child-safe guidelines

Clubs, employees and volunteers should follow simple guidelines to create a safe environment for children and young people. These guidelines should be included in your codes of conduct and Child Protection and/or Member Protection Policies:

- Foster an environment of friendship, fun, co-operation and good sportsmanship.
- Identify and manage risks and dangers for children.
- Ensure that all physical contact with a child is appropriate to the situation and the skill being taught.
- · Ensure adequate support and supervision of staff and
- volunteers.

  When you meet with a child make sure that you are both in view of others and avoid being alone with a child.
- Never enter a changeroom without first knocking or loudly announcing that you are entering.
- Makes should only enter make changerooms and females should only enter female changerooms.
- Adults should sleep separately to children on overnight camps.
- Adults of both genders should attend overnight camps.
- Ensure a cyber safe (online) environment for all members by providing guidelines and education.

#### Education and training

It's important to provide ongoing development and training opportunities for everyone who has contact with children and young people to ensure people develop and maintain the necessary skills and understanding. This may include hosting a Sate Clubs 4 Kds workshop. Skye Hinton and Josh Drummond helping make our clubs safer for children.



Development Officer in your town or visit the number of websites in the handy resources box.

## Information and support is available

Firstly contact your Club Development Officer or State Sport Association or visit their website.

- www.playbytherules.net.au
- www.ausport.gov.au
- www.dsr.wa.gov.au
- www.checkwwc.wa.gov.au
- www.wasportsfed.asn.au
- www.communities.wa.gov.au

#### Understand the signs of abuse

All employees and volunteers should be aware of the signs of potential abuse. Information about this is included in the Safe Clubs 4 Kids workshop and is also available on the Play by the Rules website: www.playbytherules.net.au under Logal Stuff.

#### Reporting a disclosure or suspicion

If a disclosure has been made to you or you have reason to suspect that a child is being abused you can make a report directly to:

- WA Police Child Abuse Squad
- Department for Child Protection and Family Support
- Your club's Child Sale Officer or Member Protection
- Information Officer (MPIO)

## Notification and Reporting process

The diagram below provides some guidelines about reporting:





## kidSport

This month the Paraburdoo Saints Football and Sporting Club join the growing list of clubs registered for KidSport in the Shire of Ashburton:

#### KidSport registered clubs

- Tom Price Netball Association
- Tom Price Amateur Swimming Club
- Fortescue Cricket Association
- Scorchers Cricket Club
- Stealers Softball Club Tom Price
- Tom Price Junior Soccer Association
- Fortescue Junior Football League
- Rebels Cricket Club Tom Price
- Tom Price Tee Ball Association
- Tom Price Tennis Club
- Tom Price Cadets
- Tom Price Gymnastics
- Paraburdoo Junior Cricket Association

### KIDSPORT OVERVIEW



KidSport enables eligible Western Australian children aged 5 - 18 years to participate in community sport and recreation by offering them financial assistance towards

club fees. The fees go directly from the local government to the registered KidSport clubs participating in the project.

#### What are the eligibility criteria?

- Applicant must be aged 5 18 years.
- Applicant must have a Health Care Card or Pension Concession Card OR be referred by a recognised referral agent. (local government discretion on referral agent)
- Applicant's primary place of residence must be in the local government area where they are applying.

#### What else?

- Funding will cover the cost of fees to join the nominated sport or recreation club and this may include other related costs identified by the club).
- Maximum of up to \$200 per child per calendar year.
- Fees are only for the nominated registered season.
- No retrospective fees will be paid.
- No limitation to applications per family as long as the criteria is met.

#### Referral agents - who they are, what they do:

- Referral agents identify those who would benefit from KidSport.
- They can include, but are not limited to school teachers, doctors, police, social workers, local area coordinators and other community organisations and agencies.

- Paraburdoo Amateur Swimming Club
- Paraburdoo Netball Association
- Paraburdoo Saints Football Club

#### KidSport Referral agents - Tom Price

- Trish Calder Disability Services Commission
- Chris Migliore (Health & PE Teacher) North Tom Price Primary School
- Cloe Roussett Tom Price Youth Centre
- Katherine Joyce Tom Price Centrelink Agent
- Shirlene Gotz Mission Australia
- David Ellam Tom Price Senior High School

#### Kidsport Referral Agents - Paraburdoo

Levi Ellis - Paraburdoo P.S

If you wish to register your child for the KidSport program please contact your club or your local Club Development Officer.

- Referral agents can assist with the completion and lodgement of KidSport application forms with participating local governments on behalf of parents/guardians.
- Referral agents are ideal to promote KidSport to their community, but if wanting to refer children to the program should contact local governments to register.
- Local governments can advise where KidSport application forms are available and supply further information.

#### Schools - How can they be involved?

As referral agents, school teachers can identify children who would benefit from KidSport as well as complete and lodge application forms with local governments. Teachers can also assist in identifying suitable clubs and sport or recreation activities for children to be involved in. Schools can obtain KidSport application forms from participating local governments.

There are numerous benefits for children and their families getting involved and participating in sport and recreation clubs:

- Physical activity improves children's health, school performance and decision making skills.
- Club membership provides positive role models and opportunities for new friendships and community engagement.

#### Sport and recreation club criteria:

Sport and recreation clubs can get involved in KidSport by registering as a KidSport club with their participating local government. To be eligible clubs can be a:

- Not-for-profit sport or recreation club and affiliated with a recognised State Sporting Association or have affiliation through a State organisation.
- Business/privately owned BUT individual members MUST be affiliated with a recognised State Sporting Association or have affiliation through a State organisation.

#### When we play sport the whole community wins



## Tom Price

## Catch Music

Catch Music has commenced community jamming sessions in the Tom Price Community Hall on Sunday afternoons. The first session was held on 19 April and attracted over 20 participants of all ages and musical abilities. The sessions are for 90 minutes and are a great opportunity for music lovers to get together and have a jam.

Registrations are still open however places are limited, so if you have a love of music and want to be a part of the first ever Catch Music band in Tom Price please contact 0458 228 248 or email tomprice@catchmusic.org.au



Catch Music musicians entertain the crowds at Have a Go Day.



Tom Price Community Hall Sunday 4pm to 5.30pm \$7 per session (or \$50 for a 10 week term)

## Volunteer of the month award

## Joy Francis

Our May volunteer of the month is Joy Francis from Pannawonica - congratulations Joy.

Joy spent her childhood in Pannawonica and then after spending time abroad, she returned in 2012 with her husband. Her positive contribution to the community is immense. Joy has taken responsibility for keeping the town connected and informed through the PERIS email service and Facebook page. Three times a day, seven days a week, Joy collates information and sends it out to the Pannawonica community. Pannawonica doesn't have a community newspaper or website to keep the town informed, so Joys' efforts are an important daily service.

In addition to her work keeping the community connected, Joy teaches music and has two small children. She is an active volunteer for a number of

Do you have someone in your club who deserves a Triple A rating? Send your nominations for Volunteer of the Month to Active.Ashburton@ashburton.wa.gov.au groups including the newly formed community forum group, president of Pannawonica Craft Club and Treasurer for both the Pannawonica Gala Committee and Pannawonica Kinder Gym. Through the local Catholic Church Parish, Joy prepares children to take sacraments for their First Holy Communion, Baptism and Confession. She is a very deserving recipient of this award.

Joy wins an award certificate and a \$25 gift voucher.





## Paraburdoo

## Quin's Story

In April 2012 at only four months old, Quin Franey was rushed by RFDS to Princess Margaret Hospital (PMH) in Perth and it was discovered that Quin was born with an immunodeficiency - which means he has no immune system.

Despite regular medication and specialists treatments; Quin was soon running, climbing and even using his eyes and sign language to communicate with his Mum, Dad and older brother.

In February 2015, Quin's health deteriorated and he was rushed back to Princess Margaret Hospital - after more tests, Quin received a further diagnosis -Neuromyelitis Optica (NMO).

NMO is a rare relapsing autoimmune disorder that causes inflammation of the optic nerves and spinal

cord. There is no cure. As a result of this attack Quin's vision has been significantly damaged and he is unable to move around or sit up on his own. His recovery will be an ongoing process.



The little fighter Quin Franey.

### Paraburdoo Residents Smile for Quin

Paraburdoo residents first heard about the plight of Quin Franey via a Facebook post promoting the fundraising campaign to assist with his ongoing treatment. Quin's story quickly spread throughout the town. The fundraising goal for the online campaign was \$7500; this was achieved in less than 3 days.

Smiles for Quin fundraising tins were on just about every counter in Paraburdoo and locals sought more ways to support the fundraising efforts. The Familia café raised \$700 through a sausage sizzle lunch and raffle, community members raised \$1560 from a bake sale and the Paraburdoo Primary School showed their support with a 'free dress day' to raise funds for Quin.

The Paraburdoo Riders Club organised an event on 11 April: Smiles for Quin Charity Bike and Car Run. Dozens of cars and bikes set off for the journey to Tom Price and back. On returning to the "Paddock", the Paraburdoo Riders Club grounds, entertainment (including a jumping castle for kids) raffles and auctions made for a great evening. The event raised \$14,788.35 for Quin. The club will host a BBQ for the Franey Family in the near future to present the donations; all sponsors and volunteers are welcome to attend.

The combined fundraising efforts Paraburdoo community has raised over \$35,000 to date. The Franey Family are overwhelmed with the support shown for their little boy and would like to thank everybody who has contributed to the fundraising.

Donations can still be made to the online campaign at https://www.mycause.com.au/page/89250/ smilesforquin



Para Riders making their way through Tom Price.



The Para Riders put on a great evening of entertainment and fundraising.

## Pannawonica

### Skill Share Pannawonica

Skills share sessions are informal classes offering Pannawonica residents the opportunity to learn a new skill in a relaxed environment. Locals are encouraged to share their skills and talents with others and everyone in Pannawonica is welcome to attend the sessions. During April, two successful sessions were run, with local facilitators Blathnaid Ward and Jo Wallace generously sharing their skills.

Participant Kylie Conder commented after attending a recent session "I loved it! I learnt tips on the preparation of sushi from Jo, our beautiful master chef. It was especially lovely sharing our love of sushi together as



Community Support Programme

The Pannawonica community peer support programme was launched 31 March at the Pannawonica Sports Club with a BBQ, introduction and outline of the programme. Local band Hooligan entertained over fifty people who attended the launch to meet the peer supporters. Peer supporters are volunteers with training on how to assist those affected by stress.



a group... a highlight was that we were able to take some home with us. I would love to see these sessions continue as I was able to meet and engage with other members in the community I otherwise might not see usually."

Corinna Lacey, who attended the seated massage class, said "I really enjoyed the class. Great to get some valuable massage tips from a competent teacher."

Classes scheduled for May include crochet and silver jewellery making.



The event was organised by Mark Hayes, RIO Advisor Health - Peer Support Coordinator and Mental Health Projects and Barbara Magnowski, Health and Hygiene Advisor, Robe Valley Operations. They spoke of the commitment of both local and on-site peer supporters and the advantages of a community support programme which include:

- Assistance can be provided in a short period of time
- Support is provided by someone who knows the town and community
- Support can complement other assistance programmes

A fridge magnet with the Pannawonica contact number will be delivered to all households.

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## Pots of Gold



## Grants, Sponsorships and Fundraisers

The Club and Capacity Development Team are available to help your club or group identify and access the pots of gold that are available. Funding sources includes grants, sponsorships and fundraisers. The Shire of Ashburton also has a range of community sponsorships and grants available to clubs or groups in our area.

If you have a specific project in mind, talk to us about how you can fund it. Some grants now on offer:

### Community Spaces Grant

Funding body: Lotterywest

Open: All year round

Amount: Open

#### Who can apply?

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- Available to not-for-profit organisations and local governments
- Incorporated and Unincorporated clubs and groups however please read guidelines and documents required first

Purpose of Grant: Indoor and outdoor areas - grants can cover the construction, purchase, renovation and fit out of a building, earthworks, play equipment, shade facilities and more

## Examples of what the grant has previously been used for:

- Creation of a skate park for young people
- Development of a playground for children
- Construction of a meeting space for a local community
- Fit out of an interpretive centre to promote understanding about our heritage
- Renovation of a family and neighbourhood centre where early learning for children is promoted
- Memorials marking our culture, heritage, and community sentiment
- Aged care residential facilities to support the well-being of residents (beyond what is required for the organisation to meet certification and accreditation standards)
- Design of a community garden to promote sustainable living
- Set up of a crèche inside a recreation centre so parents and carers can attend wellness programs

## Macca's Junior Sports Grants Programme

Funding body: GWN7 and McDonalds Open: 1 May 2015 to 30 June 2015 Amount:

Who can apply? A school, group, organisation or association that organises junior sporting activities, participates in junior sporting activities or otherwise creates opportunities for the development and promotion of junior sports. Must be not-for-profit and located in regional WA.

**Purpose of grant:** To increase participation in junior sports and encourage the habit of a healthy lifestyle amongst young West Australians (includes equipment and uniforms).

Application methods: Online

Website: https://mcdonalds.com.au/ juniorsportsgrants

## SUEZ Community Grants Programme

Funding body: SUEZ

Open: Closes 22 May, 2015 Amount: \$500 to \$5000

#### Who can apply?

 Incorporated organisations with an ABN (or be auspiced by one).

Purpose of Grant: To provide funds for social and environmental projects that encourage local participation and help to create a sustainable future in local communities. The project must meet at least one of four focus areas:

- Encourage community involvement and improve the quality of the local environment
- Develop environmental awareness and inspire participation in sustainable activities through education
- Contribute to improved human health and wellbeing
- Support and encourage recreation and community building

#### **Application methods:** Online

Website: http://suez-envcommunitygrants.com. au/apply

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## Club News

### North West Rounds -

## Tom Price and Paraburdoo Amateur Swimming Clubs

Congratulations to the Tom Price and Paraburdoo Amateur Swimming Clubs for their outstanding efforts at the North West Open Champs in Karratha 27-29 March 2015.

With 37 swimmers aged 7 - 57 representing Tom Price, the club were the second largest team attending, behind Karratha who had 38. The club had a total of 257 swims: achieving 125 personal bests and bringing home a total of 97 medals (27 Gold, 32 Silver and 38 Bronze). Riley Clark (10) won the Male Junior Swimmer of the meet with the fastest 100m Freestyle for the event in his age group.

Paraburdoo Amateur Swim Club also had success at the 2015 North West Champs. With only nine swimmers representing Paraburdoo, they still managed to come home with 35 medals. Personal Bests were "smashed to smithereens"- coach Kellie Reader.



## Paraburdoo Netball Association

Net-set-go has commenced for 2015 with over 40 juniors registered, Lyn Pemberton will be visiting Paraburdoo as part of the North West Netball Region's Pilbara visit on the 3 & 4 May. Lyn will be holding coaching clinics for both junior and senior members. Contact Paraburdoo Netball Association for more information.

## Tom Price Bowling Club

Memberships are now due for the 2015 season. The Tom Price Bowling Club has undergone major changes in the last 18 months and they are now aiming to be a fully functioning Bowls Club and Function Centre. Lorraine and Rob have joined the club to run the catering and will be serving meals on Friday and Saturday nights.

Scroungers Bowls is planned for Friday nights next term and kids learn to bowl sessions will also commence later this year. Now is a great time to join the club and be a part of its return to glory.

Membership: \$50.00 per family \$40.00 single membership

Casual visitors can be signed in three times and then will be required to purchase a membership.

Membership can currently be paid on Wednesday nights at Corporate Bowls.

## Karingal Neighbourhood Centre

The Karingal Neighbourhood Centre is proud to be presenting Gym & Tonic at Ashburton Hall on Saturday 9 May at 7pm.

Gym & Tonic is an uplifting comedic tale set amongst the sweat and grind of a gym. Roz Hammond is nationally renowned in theatre, film and television appearing in such productions as Shaun Micallef's Mad As Hell, The Librarians, Thank God You're Here, Muriel's Wedding and The Dish and in between jobs, actress Roz Hammond works as a trainer in a women's gym and is a qualified Yoga instructor.

Roz plays eight characters in the one-woman show, each of their stories intertwined courtesy of a gym class at the local Community Centre. It's a group of strangers who gradually reveal themselves as they bump and grind through a set of hilariously inappropriate routines. This is an uplifting tale about the miraculous things that sometimes occur amidst the bitching, moaning, longing and groaning.

This is likely to be a popular event so please contact the Karingal Neighbourhood Centre on 91895579 to purchase your tickets at \$10 per person.

## Club News

## Mountain View Golf Club

The Mountain View Golf Club was founded in 1966 and aims to grow the game of golf in Tom Price through equitable and inclusive practices that provide opportunities for participants at all levels of golf. They will be hosting the Tom Price Open tournament in the first week of May and invite entrants. Contact MVGC@westnet.com.au

### Tom Price Netball Association

Tom Price Netball Association commenced their season and with the efforts of volunteers and the committee they have been able to include a junior club. The Tom Price Netball Association is a registered KidSport club.

## Tom Price Hockey Club

New season, New President - the Tom Price Hockey Club has a new President - Shaun Jamieson. With the new season commencing new players are invited to get involved. The club meets on Wednesday nights commencing 6 May at the Recreation Centre and all abilities are welcome. If you would like more information, please contact Shaun by emailing shaun.jamieson@riotinto.com

### Worlds Greatest Shave

The Mountain View Sporting Club hosted the Worlds Greatest Shave on Sunday 19 April. A total of five brave people fought the Pilbara winter and shaved their heads to raise funds for Blood Cancer Research. Team Tom Price included Mel Howard, Lincoln Howard, Andrew Treasure, Nadine Knight and Corrie Tipene Sanson. At the time of printing the approximate total amount is at least \$5000.00. Well done to everyone donated and who were part of a such a successful event.

## Shire Facilities Update

- Using feedback from the Tom Price Progress Association survey, the Shire of Ashburton has awarded a design and construct tender for a new Nature Playground at the Clem Thompson Memorial Oval. Works have commenced, and the estimated completion date is 30 June.
- Tom Price Bowling Club is receiving a facelift! The bar area is having major works with the estimated completion date 30 May.
- A new amplifier system has been installed at Anzac Memorial Park in Paraburdoo just in time for Anzac Day celebrations.
- Tom Price Lions Park is closed for upgrades to the play equipment. Re-opening date is planned for 4 June.
- Trophy cabinet is now on the first floor at the Clem Thompson Sports Pavilion.

Contact us

#### Active.Ashburton@ashburton.wa.gov.au

## Club & Capacity Development Manager

Simmone Van Buerle

9188 5448

### Club Development Officers

Paraburdoo: Tom Price: Milanie Baker 9189 2230 Skye Hinton 0408 546 956 Sari Keating 9188 5444





### Community Capacity Building Coordinators

Pannawonica [ Paraburdoo/Tom Price

Denise Gallanagh-Wood 0408 007 326 Jennifer Withers 0407 971 609



## Club Profile

### Paraburdoo Tidy Towns

#### About the club:

Paraburdoo Tidy Towns has a long tradition to improve the environment and amenity of Paraburdoo. The group started in the early 1980s and won their first award in 1991, and has won many more Keep Australia Beautiful Awards over the years, most recently in 2011.

Their mission is 'to improve the beautification and liveability of Paraburdoo. We strive to recognise all individual and group contributions in addition to our own, to enable a sense of belonging, ownership and love for our town'.

#### Help keep Paraburdoo a Tidy Town by:

- Picking up litter it doesn't take much effort as you are walking along
- Refusing plastic bags plan ahead and take reusable bags
- Disposing properly of cigarette butts
- Pack a waste-free lunch with reusable containers and drink bottles
- Secure your load when transporting materials
- Don't overfill your bin and keep lid firmly down so that birds cannot pluck things out and make a mess. Make sure to move it off the kerbside once it has been emptied too.

#### **Club Projects:**

Plastic Bag Free - A Keep Australia Beautiful funded initiative plan to promote plastic free days in Paraburdoo in 2015, until the practice takes hold and Paraburdoo can be plastic bag free.

Garden Beautification - Tidy Towns in partnership with the Shire of Ashburton and Rio Tinto are beautifying the garden areas around the mall to improve the aesthetics of the town.

The committee have been involved in scoping the project, plant selection and coordination of the planting



The community got on board to help clean up Paraburdoo.

of the gardens on Saturday 9 May 2015 at 9am. A free brunch will be offered to participants in thanks for their assistance on the morning.

Clean ups - The club coordinates a couple of clean ups each year, often in conjunction with other community groups.

#### Committee:

The committee for Tidy Towns is a small committed group and would welcome any assistance individuals in the community would like to give, whether that be on the committee or helping out on clean up and planting days.

#### Contact:

Chairman Linton Rumble on linton.rumble@bigpond.com or 0438 896 552



These bags will be given out plastic bag free day.



Spotless help get the garden area ready for planting on May 9.