



Active Ashburton

Enabling stronger, connected clubs and communities

In partnership with

RioTinto

Issue 6 December 2014/January 2015

Welcome!

Welcome message

As we make our way towards the end of one year and the beginning of another, it seems like the perfect time to consider the contribution that groups, clubs and individuals make to our communities and lives through their volunteering efforts. Volunteering makes the communities we live in stronger; activities undertaken when we volunteer are what makes our towns' communities. When we volunteer we learn new skills, make connections and friends, and of course we make something happen that would not have happened if we were not willing to commit time and effort. So stay involved, encourage others to become involved and remember, volunteering makes a valuable difference in many people's lives, whether its recognised or not.

Thank you for continuing to send in your nominations for our Volunteer of the Month award. Keep them rolling in, it is important to acknowledge the people who make a difference. Join us on 5 December to celebrate the volunteers in the Shire of Ashburton with our Thank a Volunteer Day events.

From all the team at Active Ashburton, we wish you a safe and prosperous Christmas and New Year.

If you have any queries about what the Active Ashburton team can do for your sporting club, or community group, please do not hesitate to contact us: Active.Ashburton@ashburton.wa.gov.au

Coming Events

Monday 1 - 3 December

Inclusion WA visit - Tom Price and Paraburdoo

Tuesday 2 - 3 December

BHP Billiton Aquatic Super Series - Tom Price and Paraburdoo

Wednesday 3 December

International Day of People with Disability - 10am
Morning Tea with Paralympian Matt Cowdrey
Pannawonica Sporting Club - AGM

Friday 5 December

Thank A Volunteer Celebrations

- Tom Price, 10am - Clem Thompson Memorial Sports Pavilion
- Paraburdoo, 10am - Paraburdoo Bowling Club
- Pannawonica, 7pm - Fire Station
- Onslow, 8.30am - Kids Kitchen Garden

Sunday 7 December

- Paraburdoo Netball Association - AGM
- Christmas Carols - Tom Price Central Primary School - BBQ 6.00pm, Carols 7.00pm
- Christmas Carols - Pannawonica, The Rocks, 6pm. Featuring the Avalon Duo

Wednesday 10 December

Entry to Christmas Lights Competition closes 4pm.
Judging: 12 December Paraburdoo. 13 December Tom price. 20 December Pannawonica.

Friday 12 December

Christmas Lights Bus Tour Paraburdoo

Saturday 13 December

Christmas Lights Bus Tour Tom Price.
7.30pm Library car park.

Sunday 14 December

Community Christmas Carols Paraburdoo 6.30pm

Thursday 18 December

Christmas Lights Walking Tour Pannawonica

Monday 12 - 23 January (alternate days)

Pannawonica school holiday program

Monday 19 - Friday 23 January

Tom Price and Paraburdoo school holiday program

Monday 26 January

Australia day celebrations (all towns)

The Shire of Ashburton organises workshops designed to assist your club or group to progress and develop sustainable practises. Individuals, clubs, groups and community organisations are encouraged to attend. Information on future workshops will be posted on the Shire of Ashburton website, community notice boards and via the Active Ashburton email list.

If you would like to be added to our mailing list, please email your request to Active.Ashburton@ashburton.wa.gov.au

Sports Community

A number of sporting clubs and community groups attended the Sports Community workshops held recently in Paraburdoo and Tom Price. The workshops received great feedback and we appreciate the efforts of those who attended.

For those who missed the workshops but would like to build their club through the empowerment of volunteers, the Sports Community website (www.sportscommunity.com.au) is a free website with extensive information required by clubs and their volunteers. The site contains over 80 fundraising ideas, all open grants, and hundreds of free procedures, articles and templates containing information to club volunteers on everything from running an AGM to developing strategic plans.

See more at: www.sportscommunity.com.au

Sport Community's top nine tips for running a successful AGM are:

1. Schedule early - schedule your AGM as early in the season as possible and communicate the date regularly to members. It doesn't hurt to set the expectation throughout the year that attendance at the AGM is "compulsory". Ask members to put the date and time into their diary or calendar.
2. Arrange the venue early - arrange a venue as early as possible. Most clubs simply run their AGM's at their club rooms but you may attract more attendees if you have different location. Consider using a sponsor's venue for something different.
3. Preparing financial statements takes time - A primary obligation for committees is to present the annual financial statements to members at AGM's. It is important to make sure your club is presenting monthly financial reports to committee meetings so that it makes it very easy to prepare financial statements at the end of the year and have them reviewed and audited if required before presentation at the AGM. Remember preparing financial statements takes time, it can't be left to the last minute.
4. Understand the club rules - It is really important that you understand the processes for running AGM's contained in your club rules. This will include how much notice you will need to provide to members of the meeting, what information is to be provided to members, what defines a meeting quorum and voting rules.
5. Presidents Report to members - Another time consuming challenge is to ensure that the secretary receives the President's report, Treasurer's Report

and any other reports to be provided to members well before the AGM. Allow your secretary enough time to prepare the Annual Report to members and send it to members prior to the AGM if that is required in the club rules.

6. Succession planning - don't just wait until the AGM to seek nominations for the committee, especially for the key leadership roles. Throughout the year continually look for the next committee members, talk to them early about the role and if need be get them any training they will need.
7. Notice of meeting - make sure you send the 'notice of meeting' to members in accordance with the club rules but also make sure you also invite sponsors, life members, representatives from your associations, local politicians and any other stakeholders of the club to the AGM. AGM's are a great way to bring people together to talk about how they can help the club, even if they don't join the committee.
8. Special Resolutions - if you are proposing to change the club rules, club name or the purpose of the club (as well as anything else defined by the club rules) then you have to make sure that you provide to members the exact wording of the proposed change which is to be voted on as well as the purpose of the resolution. Remember special resolutions require at least a 75% majority to pass.
9. Get there early to set up the room - remember to get to your venue early and set up the room, especially if you are expecting a large crowd. It is amazing how long it takes to set out 100 seats, put a report on each seat and set up tea and coffee. While most guests will arrive late, some will get their up to half an hour early which can be very annoying if you have not finished setting up.



News



KidSport is an incentive program introduced by the Department of Sport and Recreation to engage eligible children into sport. All children should be given the opportunity to play sport regardless of their financial situation. Each eligible child receives a voucher with the value of \$200 to assist with paying for sports fees and or uniform. The \$200 can be used for more than one sport. To be eligible a child must have a Centrelink Health Care card or Pension card or be referred by a Kidsport referral agents. A current list of KidSport clubs and Referral Agents is provided below.

If your club isn't registered as a KidSport club - what are you waiting for? Get involved in this great program and let's give every child an opportunity to enjoy getting active and social with sport.

KidSport registered clubs

- Tom Price Amateur Swimming Club
- Fortescue Cricket Association
- Scorchers Cricket Club
- Tom Price Junior Soccer Association
- Fortescue Junior Football League
- Tom Price Tee Ball Association
- Tom Price Tennis Club
- Paraburdoo Junior Cricket Association
- Paraburdoo Amateur Swimming Club
- Paraburdoo Netball Association

KidSport Referral agents - Tom Price

- Trish Calder - Disability Services Commission
- Chris Migliore (Health & PE Teacher) - North Tom Price Primary School
- Cloe Roussett - Tom Price Youth Centre
- Katherine Joyce - Tom Price Centrelink Agent
- Shirlene Gotz - Mission Australia
- David Ellam - Tom Price Senior High School

Sporting Equipment available

Fair Game has sporting equipment donated by the community available for use at your club. If you require any equipment please email recycle@fairgamewa.org. For full details of the scheme check www.fairgamewa.org.

Do you have someone in your club who deserves a Triple A rating? Send your nominations for Volunteer of the Month to Active.Ashburton@ashburton.wa.gov.au



Shire Facilities Update

Paraburdoo

The Paraburdoo Indoor Cricket Facility is now complete. Bookings for use of this facility can be made through the Shire's administration office in Paraburdoo (at the Library). Sporting clubs or community groups can book the enclosed cricket area for \$20 per day, or \$15 per night. Alternatively, bookings can be made at \$3.50 per hour. A 50% discount is applicable on venue hire charges for any not-for-profit junior organisations (bookings specifically for children 17 years and under). Light charges are an additional \$6 per hour.



Is your club or group in need of more volunteers?

Or are you looking for opportunities to give back to your community?

The Nintirri Volunteer Hub is a partnership between Nintirri Centre, the Shire of Ashburton and Rio Tinto.

The Hub is located at the Nintirri Centre in Tom Price and open 8am to 3pm Monday to Friday.

The computer can be used to apply for volunteer positions, register your willingness to volunteer, and update your current resume. Clubs and groups can use it to advertise their positions. The Active Ashburton team are available to assist clubs develop job descriptions for their volunteer positions.

Tom Price

Tour de Bay

After seeing the effects of depression and anxiety on people around them Adam Druskovich and Bill Pes decided to utilise their hobby to raise money for the charity beyondblue and promote awareness of depression and anxiety. In November, the two Rio Tinto shot-firers, cycled over 609km from Tom Price, where they live and work, to the seaside holiday town of Coral Bay in a ride they dubbed the "Tour de Bay".

Donations began rolling in from the moment Tour de Bay was launched. With an initial target of \$10,000, the riders set off knowing \$20,000 had been raised. Their journey started at 4am in Tom Price with Year 12 student Shane Roberts (keen to ride as far as he could in support of the cause) joining them for the first leg. A support team assisted with traffic safety and carrying supplies.

Facing heat, strong winds, livestock, traffic, ever growing fatigue and sore muscles, the pair found stopping every 40km to refuel, stretch, apply sunscreen and cool down was essential. During the gruelling ride, encouragement and motivation for each other was crucial and knowing they had strong support from the community helped the guys find strength when the going was tough.

As they crested the final hill and saw the ocean 5km away in Coral Bay, their spirits were boosted by discovering they had just crossed the \$25,000 fundraising mark through the generosity of family, friends, colleagues and the local community. The cyclists were met by family and friends who gathered for an emotional, heart-warming welcome as they crossed the finish line ending a massive journey of more than half a year in the making.

For more information or to donate visit <https://give.everydayhero.com/au/tour-de-bay>.



For information or support regarding anxiety and depression visit www.beyondblue.org.au

November - RTIO Tom Price - The November Charity T20 Bash

The 36 members of the Movember team have done an incredible job raising funds and awareness for men's health. At the time of printing the team had raised over \$27,000. Well done team! The cricket clubs participated in the Movember Charity T20 Bash with the two teams, Beyond Blues and Pro-State Warriors competing to promote the fundraiser. All proceeds from the T20 bash go to Movember.

Pannawonica

November

Once again, the Pannawonica community is supporting this important International initiative that raises the awareness of men's health. Fifteen local men have joined team captain Luke Christiansen to raise funds for men living with prostate or testicular cancer. The funds will allow men to have the treatment and care needed to be both physically and mentally well. To help promote the team's efforts local women knitted and crocheted the fondly named 'Motley Mo' which has taken pride of place on the town Haulpak 46. At the time of print the amazing team had raised over \$10,000 and the competition is just starting to ramp up.



Paraburdoo

Halloween Hunt

A "hauntingly fun" welcome to new residents was held at the Paraburdoo Bowling Club on 31 October. Welcome events are delivered as part of the Shire of Ashburton and Rio Tinto partnership agreement. The Paraburdoo Youth Club got in the spirit by decorating their club house and hiding treats to host the Halloween Hunt. The Bowling club provided the finger food and a bare foot bowls activity and kindly donated their venue for the event. St John Ambulance and charity group "Hit The Ground Running" attended to promote their activities. The event welcomed 13 new residents to town, who have been in residence in Paraburdoo for less than 6 months. There was also a wrap up presentation of the memorable events of 2014 in Paraburdoo.

The event was also held in Tom Price the on the same evening and was assisted by Tom Price Amateur Basketball Association, Nintirri, Nameless Playgroup, SAFE and Pilbara Inland Chamber of Commerce and Industry.



Those who dared... did the Halloween Hunt.



Dressed for the occasion.



Crafty kids.



Enjoying the fun at Paraburdoo Bowling Club.

Contact us

Active.Ashburton@ashburton.wa.gov.au

Club & Capacity Development Manager

Simmons Van Buerle 9188 5448

Club Development Officers

Paraburdoo: Milanie Baker 9189 2230
Tom Price: Skye Hinton 0408 546 956
Sari Keating 9188 5444


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reef to range



Community Capacity Building Coordinators

Pannawonica Denise Gallanagh-Wood 0408 007 326
Paraburdoo/Tom Price Jennifer Withers 0407 971 609

Youth & Recreation Development Officer

Pannawonica Katie Taylor 0418 417 681

Pots of Gold

Grants, Sponsorships and Fundraisers

The Club and Capacity Development Team are available to help your club or group identify and access the pots of gold that are available. Funding sources includes grants, sponsorships and fundraisers. The Shire of Ashburton also has a range of community sponsorships and grants available to clubs or groups in our area.

If you have a specific project in mind, talk to us about how you can fund it. Some grants now on offer:

Grant

Royalties for Regions, Pilbara Community Chest Fund.

Funding under the Community Chest is available to assist with community infrastructure projects, service programs and events. Funding is intended to support the development of resilient communities and contribute to regional areas being vibrant and interesting places in which to live. Financial assistance is targeted at regionally based organisations, eligible applicants may include local governments, voluntary organisations, business groups, educational institutions, philanthropic foundations and community organisations.

Applications up to \$20,000 can be applied for up until March 2015 or until all monies are exhausted. Applications will be recommended by the Pilbara Development Commission Board as per the assessment dates below, these should be taken into account when submitting your application.

- 21st November 2014
- 21st January 2015
- 20th February 2015
- 20th March 2015

Please refer to the guidelines and application for more information, or contact the Commission directly on 08 9173 8400 or by email R4R@pdc.wa.gov.au.

<http://www.pdc.wa.gov.au/royalties-for-regions/community-chest-fund/>



Grant

Sport Incentive Program

FUNDING BODY: Australian Sports Foundation

CLOSING DATE: Ongoing Round

- Local Governments
- Not-for-Profits
- Schools

FUNDING: The Australian Sports Foundation (ASF) operates the Sport Incentive Program to assist the development of sport in Australia. Specifically, the program aims to increase opportunities for Australians to:

- participate in sport and/or
- excel in sports performance.

Eligible applicants can register projects to collect donations using the ASF's tax deductible status and subsequently receive consideration for discretionary grants from the ASF.

ELIGIBLE PROJECTS MUST:

- be sport related
- aim to increase opportunities for Australians to participate in sport and/or to excel in sports performance
- be one of the following types:
 - facility development
 - facility feasibility study
 - equipment
 - team travel
 - hosting a major sporting event
 - sport development
 - be financially viable.

ELIGIBLE GROUPS: An organisation is eligible to register a sport-related project if it:

- is a non-profit or government organisation
- is incorporated in Australia under appropriate legislation
- is financially viable
- has an Australian Business Number (ABN).

ELIGIBLE ORGANISATIONS INCLUDE:

- sporting clubs
- sporting organisations (regional, state and national)
- schools (or an organisation affiliated with an educational institution)
- government organisations
- community groups.

THE ASF IS UNABLE TO ACCEPT APPLICATIONS FOR PROJECTS WHERE:

- applications are from commercial entities, unincorporated bodies or individuals
- the project relates to operational and administrative expenditure, that is, for salaries, running costs, routine maintenance, repair work, etc.
- the project relates to retrospective expenditure.

Applications / Guidelines

APPLICATION METHODS: Mail

WEBSITE: www.asf.org.au/home

Volunteer of the month award

The winner is... Hereripene Williams!

Here Williams, Touch Rugby Player and Coach, as well as full time mum of two beautiful kids, received three nominations because of her continuous enthusiasm and efforts to provide sporting opportunities for the children of Pannawonica.

Fellow coach Davinia Ballantine always wanted to introduce Touch Rugby in Pannawonica as there was a lack of organised activities for children in the community. It wasn't until she mentioned this to Here that the idea blossomed into reality.

Here organises the equipment and sessions plans for Thursday afternoon sessions for children aged between two and twelve. Using fun touch drills, Here has helped improve the children's catching, passing and evading skills. The benefit to the kid's confidence and self-esteem has also been a result of having Here has a role model and mentor. She has placed the emphasis on participation with incentives each week for taking part, rather than winning.



Congratulations Here! Thank you from your fellow coach Davinia, but more importantly from all the happy kids (some of whom never had thrown a ball, never mind backwards) for introducing the sport of Touch Rugby for the children of Pannawonica.

Sport opportunities can only improve with the timeless passion and dedication of volunteers like Here Williams.

Club News

Paraburdoo Men's Shed

Construction of the sculpture is progressing well at the Men's Shed. The large piece of hematite stone for the upper arch has been largely cut to shape.

About 40 to 50 Rio Tinto staff, contractors and community members have participated in work at the Men's Shed so far, with hundreds of hours volunteered to help build the sculpture. Many have learned new skills through their involvement.

The sculpture will be unveiled on the 18 December. The day will have two components to it: a morning event to officially unveil the work, and an evening community celebration. Parliamentary Secretary to the Minister for Mental Health Andrea Mitchell MLA and Managing Director Pilbara Mines Rio Tinto Michael Gollschewski will officially unveil the work.

At 5.45pm, for the evening event, a bus will depart from the drive-in, taking community members to the sculpture for a short celebration. The bus will return to the drive-in for a 7pm free sausage sizzle and screening of two films: a specially created film on the development



Photographs courtesy Leeanne Murphy (Paragon Photography).

of the sculpture, and the BELONGING Paraburdoo film created earlier in the year. All events are alcohol free.

FIVE Paraburdoo is a community arts and cultural development project engaging mining employees and the broader community in creating a large-scale sculpture and a digital artwork for the town of Paraburdoo. It is proudly sponsored by Rio Tinto.

More information: www.five.org.au/paraburdoo and click through to Facebook for the latest updates.

Club News

Fortescue Cricket Association Wins Toyota Country Cup North West Round

The Fortescue Cricket Association (FCA) hosted the North West Round of the Toyota Country Cup on November 8. The Toyota Country Cup is a state T20 competition, where the winners of each region face off in the State Country Finals in Perth on the 2015 March long weekend.

The North West round included teams from the FCA, West Pilbara Cricket, Onsite Port Hedland and Newman Cricket Associations.

West Pilbara Cricket Association entered this year's Toyota Country Cup as the current State Country Title holders and were the warm favourites for the North West Round.

FCA took on the might of two times North West Champions Port Hedland in their first game. Batting first FCA posted 6/164 (C. Betteley 40, J Poolman 33). Port Hedland couldn't match the FCA and were dismissed for 80 (J Bennell 3/16, B Scott 2/1 D Slattery 2/20). This was the first time FCA had ever defeated Port Hedland in the Country Cup.

In game 2 Fortescue took on State Country Champions West Pilbara and restricted WPCA to 8/134 (D Scott 4/10, D Slattery 2/31). In reply Fortescue chased the runs down with 3 overs to spare finishing at 6/136 (J. Bennell 40*, C Betteley 37)

Game 3 was against Newman, a win would guarantee FCA a place in the State Country finals in March 2015. Batting first FCA posted an imposing 196 (D Slattery 58, J Poolman 48) and then bowled Newman out for 78 (B Scott 4/10, J Bennell 2/17), securing FCA a place in the State finals for the first time.



Tom Price Primary School P&C - Easternwell Community Grant Success

Tom Price Primary School's P&C were successful in receiving an Easternwell Community Grant (ECG) to the value of \$2000. The committee purchased headsets for students to use with iPads in class. The Tom Price Primary School P&C is committed to providing students and staff with additional resources to enhance learning outcomes. They are very grateful of the support received from Easternwell which allowed the headsets to be purchased this year providing immediate benefits to students.



Mr Brett Reynolds (who made the initial request to the P&C to fund the headphones), his students and Mrs Sonia Powell (who made the successful grant application).



The headsets allow students to enhance their learning whilst minimising disruption to students.

ECG provide funding assistance to local committees, groups, clubs and associations for projects which provide lasting benefits to the community focusing on education, health, indigenous, safety, youth and community. ECG applications are assessed twice a year, opening in March and September. Applications for 2015 must be received by Friday, 27 March 2015. <http://www.easternwell.com.au/communitygrants>

Club News

Pannawonica Swim Club

Pannawonica Swim Club in conjunction with Rio Tinto recently facilitated a series of swim courses in Pannawonica. An Austswim "learn to swim" course was offered alongside adult swim classes, stroke correction, and babies and toddler classes.

The Pannawonica Swim Club team recently attended the 2014 Hancock Family Medical Foundation Pilbara Championships in Karratha. Congratulations go to Mitchell Jordan who took out the silver in the Boy's 8 years 100m Freestyle, and to all competitors shaving seconds from their personal bests.

Nintirri Centre, Tom Price

The Nintirri Centre has just released their Term 4 exercise class schedule with plenty of exercise options for all. Antenatal and Postnatal classes are free to attend and include crèche. Other classes on offer include yoga, pilates and circuit - these cost \$15 and also include free crèche. For more information or to book a spot, call Nintirri 9188 1224

Club Profile

Pannawonica Craft Club - Get Creative!

The Pannawonica Craft club have been in existence for over 12 years, with members getting experience in a range of crafts and activities. All crafters, from beginners to professional, are welcome; invited guests and members present sessions on new activities or themes.

Over recent years, members of the craft club have helped out on numerous community projects; including making a Giant Purple bra, a Moustache for Movember, Christmas decorations for Rio Tinto and display items for the annual NAIDOC celebrations, this year a special project for the centenary celebrations was completed and to top it off they had starring roles in the "Happy Panna" video.

Recently the club president ran a Christmas card making day, attended by new and old members of all ages with beginners through to more experienced card makers. With Christmas music playing and laughter all around, the group participated in a "pot luck" lunch and continued card making until 5.30pm.

There is an onsite craft shop where supplies can be purchased, a fully functioning kitchenette and a toy area with TV and DVD facilities for the members' children. The shop is open to all and removes some of the need for online shopping and waiting on postage when in the middle of that special project. Membership gains you a discount on goods.

If you feel like inspiring yourself, the club is open on Monday and Thursday mornings from 9.30am and once a member you can access the club rooms whenever



inspiration hits. New Members are always welcome, for further information, please contact

Kirsten Hawkins - President on
Kirstenhawkins5@bigpond.com

or

Maxine Dunne - Shop co-coordinator on
Dunnejdunne1@hotmail.com

