



Active Ashburton

Enabling stronger, connected clubs and communities

Issue 1

July 2014 Newsletter

In partnership with

RioTinto

Welcome!

Welcome to the first edition of the Active Ashburton newsletter.

Our aim is to work with clubs and groups in the Shire of Ashburton to build vibrant, healthy and active communities.

The Club & Capacity Development team are available to assist with a range of issues to help clubs and groups become more viable and sustainable. We have a range of workshops planned for the coming year but are keen to hear from you—let us know what type of training for volunteers would help your organisation.

We also want to help promote your club events—let us know if you have any news or photos which you would like included in our monthly newsletters. Send any items to us by email: activeashburton@ashburton.wa.gov.au

We hope you enjoy reading our first newsletter—let us know what else you would like to see in future newsletters so it is relevant to your club or group.

Contact Us

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Club Development Officers

Paraburdoo

Coming Soon

Tom Price

Coming Soon

Youth Recreation Development Officer

Pannawonica

Coming Soon



Coming Events

Thurs July 3 6.30pm—8.30pm

Information night for users of the Clem Thompson Memorial Sports Pavilion and Oval

Weds July 23 6.30pm—7.30pm

KidSport Information session for Sports & Rec Clubs. Clem Thompson Pavilion, Tom Price

Thurs July 24 9.00am –10.00am

KidSport Information session for Sports & Rec Clubs. Ashburton Hall, Paraburdoo

Weds July 30 9.00am—10.30am

Community consultation Youth Sport & Recreation activities in Pannawonica.

Weds July 30 7.00pm—9.00pm

NRL Pilbara Stakeholders evening and State of Mind presentation. Clem Thompson Pavilion, Tom Price.

Thurs July 31

NRL school tour: Eat Well, Play Well and Stay Well workshops for students in Tom Price

News



KidSport comes to the Shire of Ashburton



KidSport enables Western Australian children to participate in community sport and recreation, no matter their financial circumstances. Eligible youth aged 5 to 18 years can apply for financial assistance, up to \$200 to contribute towards club fees. In order to be eligible, applicants must have either a health care card or Pension Card in their name, or their parent/guardians name. The fees will go directly to the registered KidSport Club through the Shire of Ashburton.

Club information sessions are scheduled for Tom Price and Paraburdoo on 23rd & 24th July respectively. Clubs can register via an easy online process during the session. It's a great way for Clubs to increase their memberships.

More information on the KidSport program can be found on the Department of Sport & Recreation website:

<http://clubsonline.dsr.wa.gov.au/kidsport>

Rugby League fans and stakeholders are invited to attend a Pilbara NRL night in Tom Price on Wednesday 30 July at the Clem Thompson Sports Pavilion.

Come along and meet the NRL ambassadors who will be touring the Pilbara and listen to their State of Mind presentation



The **"What's Your State of Mind"** campaign is aimed at breaking down stigmas around mental health and reminding people that it's ok to seek help.

The NRL's Head of Marketing, Lewis Pullen said it was important to recognise that anyone could suffer from mental illness, no matter how tough they appear to be. "Rugby League is a bruising sport and the physical effects on our players are there for all to see," he said. "But, just as in every other part of society, the mental effects are generally not easily seen at all."



We are also pleased to introduce Rugby League's **Eat Well, Play Well, Stay Well** program.

This school program uses the game of Rugby League to encourage students to consider their own behaviours and attitudes towards leading a balanced, healthy life.

On Thursday 31 July, the NRL will be visiting Tom Price and empowering students to make healthy lifestyle decisions now and in the future.

Pannawonica

The Pannawonica community came together on Friday 20th June to host a day of activities for Purple Bra day 2014. This event increases awareness of breast cancer, and raises funds for Breast Care WA.



The Pannawonica Volunteer Fire & Rescue Service started the day off by organising a morning tea at the community hall, serving goodies baked by the Mad Hatters Group. Entrants for the Bling your Bra competition were on display.

Simone Gorrey, Manager of Sonic Health, medical centre Pannawonica lead a demonstration on breast checking and discussed the importance of breast care at both the morning tea and at the evening BBQ at the Pannawonica Sports club. Luke Christensen (Sonic Health) played a big part in the day; organising a touch rugby comp and bakers for cup cakes which went out to Mesa J's afternoon tea.

The day ended with a BBQ, and Bling your Bra being bravely judged by Marcus Bredenhann of Rio Tinto, followed by the Breast Check demonstration, with a timely reminder that men are affected by breast cancer, as well as women. The community raised a total of \$1236.00 for Breast Cancer Care WA. Well done Pannawonica!

Paraburdoo

There has been a growing focus on Mental Health in Paraburdoo in recent months as key community projects are being unveiled. The FIVE Paraburdoo Project is a partnership between Rio Tinto & DADAA to use the art medium to address mental health and wellbeing.



The FIVE Paraburdoo digital artwork component of the project was well received on Saturday 7th June, when the video interviews of approximately 20 of Paraburdoo's residents were screened outside the MESS Hall at Rocklea Palms. The interviews, conducted by celebrated artist Craig Walsh, explored the concepts of belonging and resilience and were set against the beautiful backdrop of many of Paraburdoo's landmarks and landscapes.

The second component of FIVE Paraburdoo is the creation of a sculpture coordinated by artist Alex Mickle, from locally sourced materials shaped from mining processes such as blasting. Alex will collaborate with the Paraburdoo Men's Shed to create a sculpture that represents "belonging" to be unveiled later this year. For more information visit five.org.au/Paraburdoo.

Tom Price

There is growing interest in the formation of a possible Community Association in Tom Price which could combine the efforts of volunteers and help to drive change in the community.

An information night was held at Windawarri Lodge on 11 June where two guest speakers (John Lally from Dampier Community Association, and Paul Tomlinson from Avon Community Development Foundation) discussed the formation of associations in their own communities. A subsequent well attended meeting was held on July 1 where following a visioning exercise, a number of short and long term goals for a community association were discussed. The next meeting is scheduled for August 14 and any interested community members are encouraged to attend and contribute.



Facilities Update

Recently completed upgrades include:

- Replacement of the storage shed for the Tom Price Netball/Basketball courts
- Replacement of perimeter fencing at Lions Park (Tom Price) and Meeka Park (Paraburdoo)
- Town signage in Tom Price and the Clem Thompson Memorial Sports Pavilion.
- Installation of cigarette bollards around Tom Price & Paraburdoo to reduce rubbish from butts
- Replacement of stairs in the Tom Price squash courts

Under construction now:

- Enclosed cricket nets in Paraburdoo
- CCTVs in both the Tom Price and Paraburdoo town malls.

Quotes have also been requested for repairs on oval and court light towers in both Tom Price and Paraburdoo.

New works are pending approval of the Capital Expenditure budget at the July 2014 Council Meeting.

Club News

- ♦ Fortescue Football League's Best & Fairest Night (Bielski Medal), with special guest Kevin Sheedy, will take place on Saturday July 26 from 4pm to 10pm at the Clem Thompson Memorial Sports Pavilion. Tickets are now on sale for \$60 per head (includes nibbles). Sheedy will be talking about his involvement with AFL over the past 47 years. Memorabilia will be auctioned off on the night.. Contact Morgwn Jones for tickets
- ♦ Fortescue Cricket Association will be holding their AGM on Sunday July 27 at 11.00am at the Crushers/Tigers Clubroom at the Clem Thompson Memorial Sports Pavilion. All positions will be declared vacant. The FCA is seeking junior coordinators.



Have some news to share? Emails us before the 25th of each month for inclusion in our monthly newsletter.
activeashburton@ashburton.wa.gov.au

Pots of Gold



The Club and Capacity Development team are available to help your club or group identify and access the pots of gold that are available. Funding sources include grants, sponsorships and fundraisers.

If you have a specific project in mind, talk to us about how you can fund it...

Some grants now on offer:

Community Participation Funding

Department of Sport & Recreation

Open all year round - for grants between \$1000 and \$5000

Projects need to increase participation of sport and active recreation or develop the skills of the people involved in your organisation or local community.

More information: <http://www.dsr.wa.gov.au/community-participation-funding>

Community Events Grant

Lotterywest

Open all year round - for grants up to \$20,000 per financial year

Grants for all kinds of community events are available but must be made at least 4 months prior to you requiring a decision from Lotterywest.

These grants are not suitable for competitions, exhibitions, fundraisers or events of a commercial nature.

More information: <http://www.lotterywest.wa.gov.au/grants/grant-types/community-events>

Are these grants not what you are looking for? Contact us for a list of other grants available right now.

Volunteer of the Month Award

Where would we be without volunteers?

Volunteers help build our community and most clubs would not be able to survive without them. Why not thank someone special in your club or group by nominating them for an **Active Ashburton Award**?

Each month we will feature a volunteer of the month and award a monthly prize of a \$25 Coles group & Myer gift card. An annual volunteer recognition award night is also in the planning with an Active Ashburton Volunteer of the Year award up for grabs.

Is there someone in your organisation worthy of a Triple A rating? Let us know by sending us their details and why you think they are worthy of mentioning.

Nominations can be sent to activeashburton@ashburton.wa.gov.au

The Shire of Ashburton has partnered with the Nintirri Centre to develop a **Volunteer Hub**. It's a place where community groups and sporting clubs can advertise for volunteers. Individuals looking to get involved in their community can search for volunteers jobs that match their skills and times available. Call Nintirri Centre for more details 9188 1224

